

Practical Tips for Happy Living

IN POEMS VOL. ONE

Mercy Odusote

Odusote, Mercy

PRACTICAL TIPS FOR HAPPY LIVING
IN POEMS (VOL. 1)

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DEDICATION

This poetry is dedicated to my children, grandchildren
and other well-wishers.

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CONTENTS

INTRODUCTION	1	Joy-Filled Journey.....	25
CHAPTER ONE:	3	Silly Voices	26
<i>We Are Students and</i>		Corrupting Talk.....	27
<i>Teachers to Each Other</i>		Sense of Humour.....	28
Shyness–Shedding	4	Pursue Dreams Today.....	29
Leadership and Power.....	5	Well-Being has No Hold.....	30
Communication with Today’s		Happiness Content	31
Youth	6	Seriousness is Counter	
Good Communication	7	Productive	32
Career Guide	8	Nurturing Laughter.....	33
Fight for Your Money.....	9	God’s Music.....	34
Be Organized	10	Encourage R&D	35
Treat with Sense	11	Wake-up Call.....	36
Wedding Opens Way.....	12	Success Assured.....	37
Be Determined.....	13	Laugh a Lot	38
Education	14	Happy Life is a Seed.....	39
Re-Thinking Giftedness.....	15	Create Happy Living.....	40
New Generations.....	16	Self-Respect and Confidence	41
Once-in-a-Lifetime.....	17	Criticism Stings	42
Be Good Parents.....	19		
Keep Your Skill Sharp.....	20	CHAPTER THREE:	43
CHAPTER TWO:	21	<i>Extending Love or</i>	
<i>Focus On the Whole of Life</i>		<i>Calling for Help</i>	
Creativity	22	Love Makes Millionaires	44
Divine Placement	23	Youthful Look	45
Be a Good Man	24	Respect for Spouses.....	46
		Integrity and Compassion	47
		Save Your Relationship.....	48

Respect Your Potential49
 Self-Denial50
 Stop Self-Sabotaging 51
 Pursuit of “Perfect”52
 Develop Rapport with
 Opponent.....53

CHAPTER FOUR:.....55
*Be Love Finders Rather
 than Fault Finders*

Overcome Annoyance.....56
 Possess Quiet Virtue57
 Appreciate Life58
 Celebrate Life59
 Can Alter Visions60
 This is Your Life.....61
 Playing with Children62

CHAPTER FIVE:.....63
Forgive Rather than Judge

Admit Mistakes and Amend.....64
 Bad Mood Does No Good.....65
 Never Say Never.....66
 Get Past Disappointment67
 Rewrite Negative Scripts68
 Change Your Life69
 Experience New Life70

CHAPTER SIX:.....71
*Giving and Receiving
 are the Same*

Best Friends At Work72

Grow the Community73
 Living with Open Hands.....74
 Toxic for Happiness.....75
 Evoke Audiences’ Empathy.....76
 Win People Over.....77

CHAPTER SEVEN:.....79
*Heal is Inner Peace. Healing
 is Letting Go of Fear*

Second-Class Citizens80
 Generate Helpful Emotions81
 Healthy Life.....82
 Keep Fit at 6083
 Authentic Happiness.....84
 Happiness Here and Yonder85
 Focus on Problems.....86
 Self-Control87
 Therapy For Happiness.....88
 Resilience in Challenges89
 Turning Point — “A Calling”90

CHAPTER EIGHT:.....91
Don’t Fear Death. Love is Eternal

The Youth Pill.....92
 Joy of Resurrection93
 Simplify Your Life.....94
 Despite Obstacles95
 Nature Gives Comfort96
 Ultimate Happiness.....97
 Take a Leap of Faith98
 Turn Failure to Victory.....99

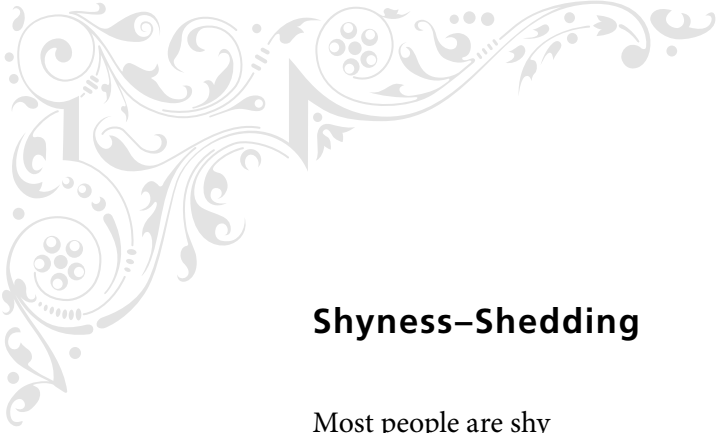
His Loyal Love	100	Train Your Eye	129
Complete your Mission	101	Help Each Other	130
How Old is Old?	102	Pledge of Allegiance	131
Happiness is Free	103	Standard Neighborhood	132
Conceive your Wish	104	Stay Open-Minded	133
Anti-Oxidants	105	Be Tactful	134
With Thanks, Receive	106	Reaction to Annoyance	135
Vessel of Honour	107	Make Discussion Fun.....	136
Love of God.....	108	Think it, Don't Say it	137
Heaven on Earth	109	Courtesy in Business	138
Fountain of Youth.....	110	Spirit of Adventure.....	139
Material Possession.....	111	Error Rectification	140
Grain of Salt	112	Demonstrate Class.....	141
Reality Wins Everything.....	113	A Smart Manager	142
CHAPTER NINE:.....	115	Office Vices	143
<i>Living With Wisdom</i>		Get Along with Others	144
<i>and Discipline</i>		Better than Normal.....	145
Get Respect.....	116	Praise for Introverts.....	146
Social Graces	117	Your Career	147
Don't Lust.....	118	Use Humour with Care	148
Appropriate Clothing	119	Respecting Rank	149
Hallmark of Taste	120	CHAPTER TEN:	151
Harmony with Co-Workers	121	<i>The Conclusion</i>	
Find Good in People	122	The Conclusion	152
Mother and Father.....	123	ABOUT THE AUTHOR.....	155
Tame Your Tongue.....	124		
Different Dresses	125		
Affluenza.....	126		
Brothers and Sisters	127		
Own Up to the Truth	128		

INTRODUCTION

This poetry book is a compilation of suggested, simple truths for “Happy Living.” The Poetry guides people through the daily stresses of life with hope and optimism. It is delightful and inspirational. They are written in rhymes to tickle funny bones. Some of the ideas are obtained from the works of experts in the various disciplines. Enjoy as you read.

CHAPTER ONE:

We Are Students and Teachers to Each Other



Shyness–Shedding

Most people are shy
Nervous and on edge
To overcome shyness
And succeed
Shed shyness
For partners were once shy.

May initially, be shyer
With hands sweaty
Gradually gain confidence
And return to convenience
Approach comfortable ground
For familiar goodies.

Then, you fascinate someone
For people cherish selves
Talk and listen for hours
As story is on ours
And make them open-up
As shyness-shedding offer.

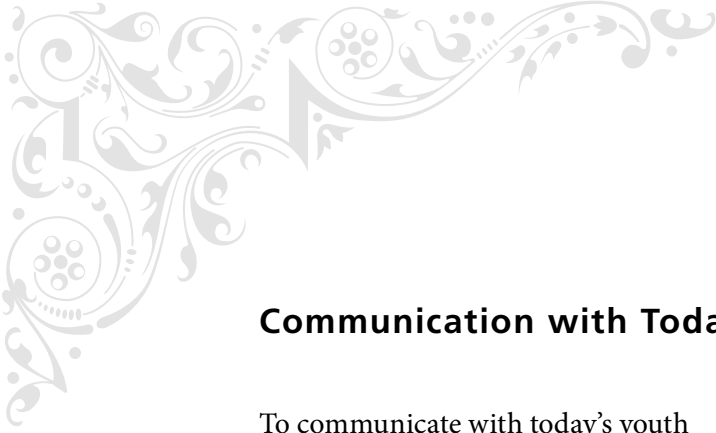


Leadership and Power

Power is to give
More than to receive
To lead
More than to follow
And to love
More than to hate.

Leaders tackle problems
With optimism
Create success
Break from old stage
And treat others
With respect.

Leaders generate power
Not based on fear
Make successful living
In professional life
And figure out “what to give?”
Not “what to get.”



Communication with Today's Youth

To communicate with today's youth

Laugh out loud

Act the youthful age

Be cool when you forget

Stay younger, by exercising

Colour hair, by tinting.

Wear stylish clothes

Drop baggy pants

Take fast steps

To keep their pace

Come back from over the hill

And act young as you will.

Replace old people punctuation

With old people communication

But be not separated

From young people you wish you were

For your viewpoints and kites

Should not embarrass you and kids.



Good Communication

Best talkers
See new angles
Have broad horizon
And are curious
They are enthusiastic
And empathize.

They talk with humour
And honesty
Turn talking to skill
With special style
And with right attitude
Present all, with fortitude.

The word “KISS”
“Keep it simple
stupid”
In many tones
Convey the conclusion
Of good communication.



Career Guide

This is a guide
To be on guard
As siblings get
To the school gate
To earn goals
Their future gold.

Watch performances
And see perfections
If good in Mathematics
May excel as Mathematicians
If good in languages
May excel as lawyers.

If good in science
May be great scientists
If they like cookery
May excel as cooks
And if, as home doctor
May be future doctors.

Morning shows the day
Be attentive all day
As their future depends
On how long you spend
Your useful time
With them.



Fight for Your Money

Fight for your money
And save fortune
Every daily need
Involves a deed
You lose battle
And lose struggle

Money war rages
As the world ages
Shop for money
Make good bargain
Companies need money
But you need it more

They take billions
From millions
Knowledge is power
Keep head above water
For being ripped off
Is never okay



Be Organized

Lack of time
Is a problem
To have enough time
Stick to what matters
Figure out priorities
And ignore the rest.

Live life week in
Week out
And control time
To have time
Write up list
Of major things.

Solve all problems
Step by step
Do them in order
Be organized
By mere resolution
They become solved.
Treat with Sense

Exercise is good
Too much is bad
Can take-over pleasure
And give pain
Two hours daily
Serves the need.

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